



The Sheppard and Enoch Pratt Hospital



Towson, Maryland



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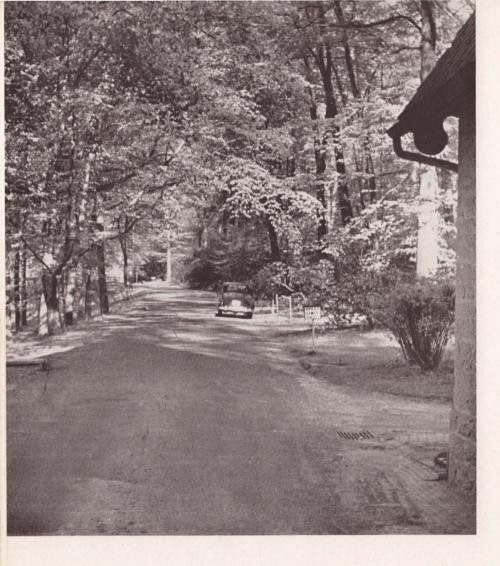
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IN 1853 Moses Sheppard provided in his will for the establishment of a hospital for mental diseases and appointed a self-perpetuating Board of Trustees to carry out his wishes. His desires and plans as revealed in conferences and in memoranda left for the guidance of the first and future boards should be in part repeated here for they reveal most remarkable vision.

He asked that the buildings be constructed for "use, strictly, and not for show"; that they be fireproof, that no room for a patient be below the ground floor and that every patient's room be lighted by a window of generous size.

His study of the methods of care and treatment of the mental patient of his day is reflected in his wish for attention to the individual patient, each of whom should have a nurse or attendant "when it may appear useful" and that the main purpose of the institution be "to carry forward and improve the ameliorated treatment of the insane irrespective of expense." Indicating further his thought of research, the Founder said to one of his Trustees that "it was intended to be a curative institution, a hospital to increase the rates of cure"; further that a patient might be removed so as to make room for another who might be restored.

He indicated clearly his wish that the services of the hospital be extended to the poor as well as to those in better circumstance; that the charges made for the individual patient be in accordance with his ability or that of his relatives to pay; finally, as a governing policy, that the income, not the principal, be used to maintain the institution.

These expressed wishes of the Founder have been faithfully carried out by succeeding Boards of Trustees, both as to the initial and later construction and the operations of the hospital since its opening in 1891.

So impressed was Enoch Pratt, the chief benefactor of the hospital since its opening, by the fidelity of its Trustees through the years that he said, "They are the only Board of Trustees known to me who have carried out exactly the directions of the Founder."

Mr. Sheppard's wish that the hospital "carry forward and improve" treatment and that it be known as a "curative institution—a hospital to increase the rates of cure" has for the fifty years it has functioned offered a challenge to the physicians, nurses and special therapists who have devoted their efforts to the study and treatment of the more than 10,000 patients who have sought its aid.

Special studies have been made through the years by competent workers in the fields of pathology and biological chemistry. Research in clinical psychiatry has been constant.

From its earliest years the hospital has carried on broad

educational activities. Members of the resident medical staff have contributed consistently to the teaching of the undergraduate medical student; today, a duly accredited hospital, the young man or woman seeking post graduate instruction in psychiatry continues to come to us as he has since the beginning.

Nursing education as always occupies a prominent place in the hospital's educational interests. Every year more than 175 student nurses from nine general hospital training schools receive three months' training in psychiatric nursing. Our school also provides postgraduate courses.

Our department of Occupational Therapy and Recreation plays an important part in the treatment of patients and the creation of that atmosphere which the patient finds stimulating to his normal interests. Special courses for students and postgraduate instruction are provided.

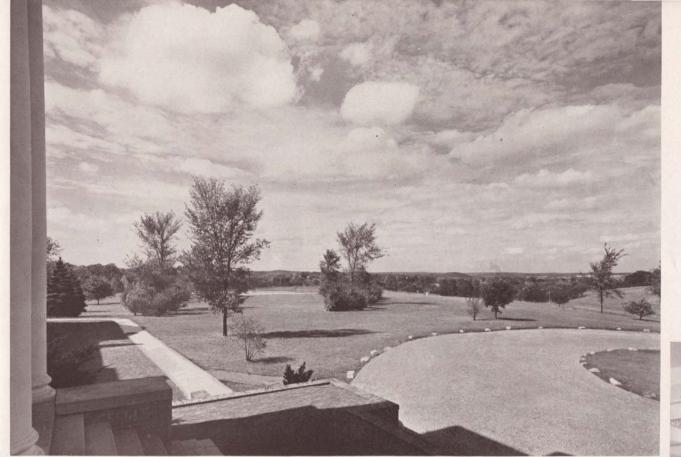
The hospital reaches out in many directions to touch educationally through its interests in Mental Hygiene communities throughout the country.

In the past thirty-five years psychiatry has made greater progress in the knowledge of the nature and causes of mental disease than in all the centuries before. With our better understanding fears tend to vanish. The element of mystery, the feeling of deep insecurity disappears.

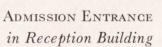
The mental hospital, like the general hospital, is today a place where cheerfulness and hope prevail.



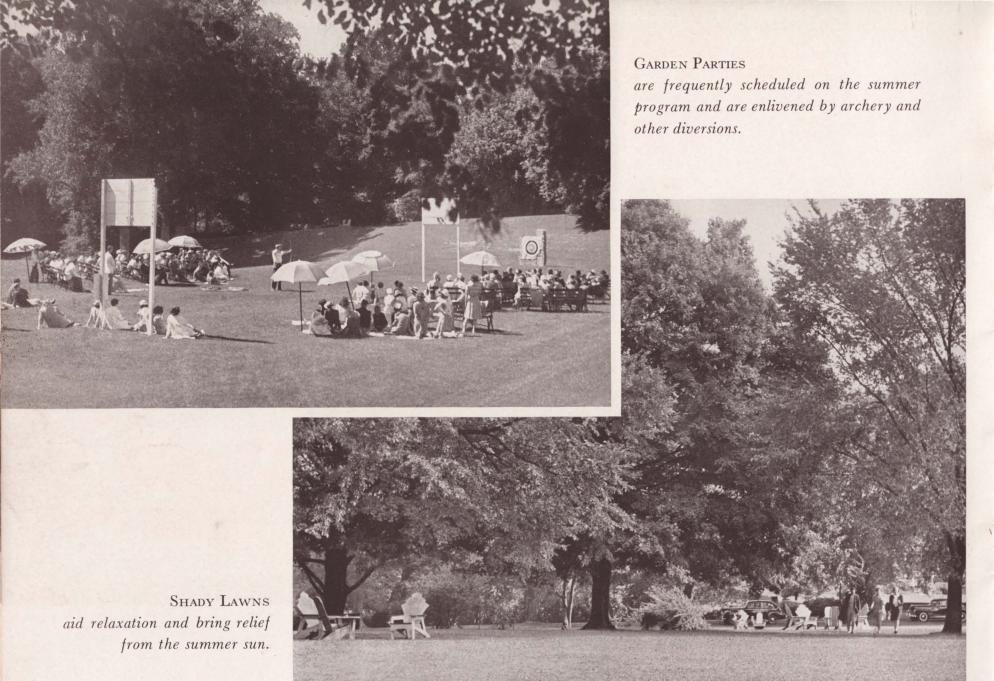
WINDY BRAE—The Nurses' Home



A View across the Green Spring Valley

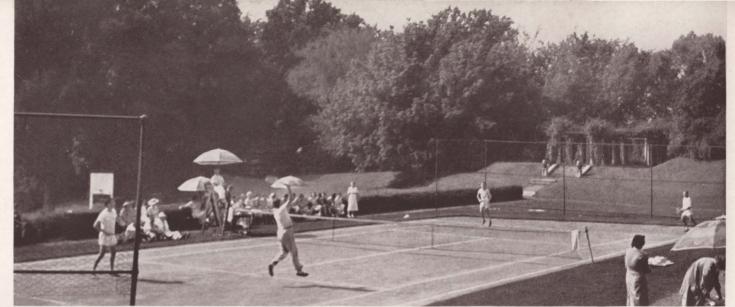








The Casino is the center of social and occupational activities.



Tennis
Several well-kept clay courts
offer opportunity for exercise.



Badminton
A popular sport available to both
men and women.



Baseball This regulation diamond is situated in a natural amphitheatre.



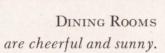
Basketball Outdoor courts tempt devotees of the game to test their skill.



RECEPTION BUILDING



VISITING ROOM
A pleasant room in which patients may
meet relatives and friends.







ART CLASSES

offer many an opportunity to develop

latent talents.

Woodworking

The followers of this hobby find a work shop well equipped for the making of anything from jig-saw puzzles to furniture.





BOWLING ALLEYS



CARD ROOM—A quiet game of cards is always enjoyable.



Lounge—Sunny sitting rooms offer pleasant interludes between activities.



Scenic Trails

A quiet corner of the grounds.



Summer House A pleasant place to rest.



Pasture—One of the many pleasant sights on the colorful 400 rolling acres of Sheppard.



ELECTROENCEPHALOGRAPH
RECORDER

Hydrotherapy



PHYSICAL EXAMINATION

X-RAY

